MAY 16-18, 2019
36th Annual
OB Challenges Conference
Preterm Birth: Prediction, Prevention and Management

www.obchallenges.com
Course Description
Approximately 1 in 10 babies in the U.S. are born prematurely. Recently this number has been increasing despite a significant amount of medical resources directed at this problem. Preterm infants account for about 17% of infant deaths and surviving infants are at increased risk for lifelong disabilities. There are also still significant racial/ethnic disparities in preterm birth rates with the rate for non-Hispanic black women being almost 50% higher than non-Hispanic white women. This conference endeavors to explore the history of preterm birth treatment and review proven effective strategies in management. In addition, we will update our audience on recent advances in preterm birth prediction, prevention and management. We will also discuss new directions and emerging strategies for the management of this persistent medical challenge.

Audience
- Practicing Obstetricians
- Nurse Practitioners
- Residents
- Family Practitioners
- Obstetrical Nurses
- Medical Students
- Certified Nurse Midwives
- MFM Physicians and Fellows

Course Objectives
The conference lectures will inform participants about the current thinking regarding many of the problems they face in their challenging obstetrical practices, and better equip them to handle problems or seek assistance from specialists. After attending this course, the registrants will be able to:

- Understand the appropriate use of progestogens in preventing preterm birth.
- Update on current recommendations for antenatal steroid use including periviable and late preterm use.
- Learn the appropriate identification and management of the short cervix.
- Understand the potential role for pessaries in preterm birth prevention.
- Discuss the unique challenges of preterm birth prevention in multiples.
- Introduce new management approaches such as group prenatal care.
- Discuss social contributions to preterm birth including trauma and intimate partner violence.
- Review interventions for improving neonatal outcomes including magnesium for neuroprotection and delayed cord clamping.
- Explore how provider/staff burnout and swamping may contribute to preterm birth rates.
- Examine racial disparities in preterm birth rates and identify potential strategies for improvement.

Tips on attire
Dress comfortably. We recommend you bring a jacket or sweater due to air conditioning.

Contact us: obchallenges@mednax.com
Conference Accreditation

Continuing Medical Education
The MEDNAX Center for Research, Education, Quality and Safety is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The MEDNAX Center for Research, Education and Quality designates this live activity for a maximum of 20.0 *AMA PRA Category 1 Credit(s)*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Continuing Nursing Education
The MEDNAX Center for Research, Education, Quality and Safety is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

This educational activity provides 20.0 continuing nursing education (CNE) contact hours.

Disclosure Statement
Disclosure of Financial Relationships and Resolution of Conflicts of Interest are designed to ensure quality, objective, balanced and scientifically rigorous continuing education activities. All individuals in a position to influence and/or control the content of continuing education activities have been asked to disclose all relevant financial relationships within the past 12 months. Beyond disclosure of relevant financial relationships, faculty are required to disclose when they plan to discuss pharmaceuticals and/or medical devices that are not approved by the FDA and/or medical or surgical procedures that involve an unapproved or “off-label” use of an approved device or pharmaceutical. MEDNAX is committed to providing learners with commercially unbiased continuing education activities.

Special Needs
The Americans with Disabilities Act of 1990 requires that all individuals, regardless of their disabilities, have equal access. MEDNAX strives to ensure that no individual with a disability is excluded, segregated, denied services or otherwise treated differently from other individuals because of the absence of auxiliary aids and services. MEDNAX welcomes all individuals and is pleased to assist participants with special needs. Please contact us by May 1, 2019, at obchallenges@mednax.com (24-hours) and we will work with you to meet your specific requirements.
Guest Faculty

SEAN C. BLACKWELL, MD
Professor and Chair, Department of Obstetrics, Gynecology and Reproductive Sciences
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Houston, TX

EBONY BOYCE CARTER, MD, MPH
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Program Director, Maternal-Fetal Medicine Fellowship
Department of Obstetrics, Gynecology and Reproductive Sciences
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AWHONN Arizona Secretary Treasurer
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Women and Infant Services
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Phoenix Perinatal Associates Faculty

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Associate Medical Director,
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Maternal-Fetal Medicine Fellowship Director,
Section Chief MFM Services at Banner University Medical Center, Phoenix
Medical Director, Phoenix Perinatal Associates
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VALERIE INFRANCO, WHNP, CDE
Phoenix Perinatal Associates
Phoenix, AZ

ROMAN S. STARIKOV, MD
Clinical Assistant Professor, University of Arizona – Phoenix
Associate Medical Director,
Phoenix Perinatal Associates
Phoenix, AZ
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<thead>
<tr>
<th>TIME</th>
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<tbody>
<tr>
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<td>Interpretation of Fetal Monitor Strips</td>
<td>C. Kevin Huls, MD, MSc</td>
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<td>Curtis R. Cook, MD</td>
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<td>Preterm Birth: A Historical Perspective</td>
<td>Roman Starikov, MD</td>
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<td>Preterm Birth: New Directions</td>
<td>George Macones, MD</td>
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<tr>
<td>9:35 am-10:15 am</td>
<td>What is a Clinician to do: Making Sense of Guidelines for the Use of Progestogens to Prevent Spontaneous Preterm Birth</td>
<td>Sean C. Blackwell, MD</td>
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<td>The Role for Cervical Lengths</td>
<td>Kisti Fuller, MD</td>
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<td>Modern Use for an Ancient Device: Pessary for Preterm Birth Prevention</td>
<td>Uma M. Reddy, MD, MPH</td>
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<td>Luncheon</td>
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<td>1:30 pm-2:10 pm</td>
<td>Preterm Birth Management in the Periviable Period</td>
<td>Karen E. Hannaford, MD, MSCI</td>
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<td>2:10 pm-2:50 pm</td>
<td>Issues of Health Equity in Preterm Birth</td>
<td>Ebony Boyce Carter, MD, MPH</td>
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<td>Swamping in Obstetrics</td>
<td>Cheryl K. Roth, RN, PHD</td>
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<td>4:05 pm-4:45 pm</td>
<td>Burnout in Medicine-Ancient Wisdom for Modern Medicine</td>
<td>Michael R. Foley, MD</td>
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<td>4:45 pm-5:00 pm</td>
<td>Q&amp;A</td>
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<td>Adjourn</td>
<td>Curtis R. Cook, MD</td>
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Phoenix Perinatal Associates & Banner University Medical Center’s OB/GYN Department

Invite you to attend a Banner Resident Alumni Reception and March of Dimes Networking Social

**Special Guest: Dr. Michael R. Foley**

Thursday, May 16th | 6:00PM – 8:00PM
Hors d’oeuvres will be served and a cash bar will be available
### Agenda (cont.)

**FRIDAY, May 17, 2019 | Conference Moderator: Curtis R. Cook, MD**

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<td>Tocolysis for Management of Preterm Labor</td>
<td>Sarah Detlefs, MD</td>
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<td>Contemporary Management of Preterm Premature Rupture of Membranes</td>
<td>Curtis R. Cook, MD</td>
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<td>The Role of Cerclage in Preterm Birth Prevention</td>
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<td>Group Prenatal Care: The Evidence for Preterm Birth Risk Reduction</td>
<td>Ebony Boyce Carter, MD, MPH</td>
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<td>Exercise in Pregnancy: Why It’s Important and How Do We Get Patients to do It?</td>
<td>Kisti Fuller, MD</td>
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**FRIDAY, May 17, 2019**

**11th Annual Nursing Symposium** *(open to all attendees)*

Nursing Symposium Moderator: Valerie Infranco, WHNP, CDE

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<td>Improving Effectiveness in Maternal Transportation</td>
<td>LeeAnn McGregor, RN</td>
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<td>Support of the Hospitalized Antepartum Patient</td>
<td>Karen Marshall, RN</td>
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<td>Evaluation of Abdominal Pain in OB Triage</td>
<td>Laura Bacon, RN</td>
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<td>4:05 pm-4:45 pm</td>
<td>Legal Issues Surrounding Preterm Birth Management</td>
<td>Kristin Weinstein, BSN, RNC-OB</td>
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<td>Valerie Infranco, WHNP, CDE</td>
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### Agenda (cont.)

**SATURDAY, May 18, 2019** | Conference Moderator: C. Kevin Huls, MD, MSc

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<td>Roman Starikov, MD</td>
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<td>C. Kevin Huls, MD, MSc</td>
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<td>The Impact of Social Factors on Preterm Birth</td>
<td>Linda R. Chambliss, MD, MPH</td>
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<td>8:55 am-9:35 am</td>
<td>Trauma and Preterm Birth</td>
<td>Torre Halscott, MD</td>
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<td>9:35 am-10:15 am</td>
<td>Antepartum Hemorrhage</td>
<td>Michael P. Leovic, MD</td>
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<td>Q&amp;A</td>
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<tr>
<td>10:50 am-11:30 am</td>
<td>Antepartum Intervention for Improved Neonatal Outcomes</td>
<td>Kendra M. Gray, DO</td>
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<tr>
<td>11:30 am-12:10 pm</td>
<td>Prevention of Preterm Birth in Multifetal Gestation</td>
<td>C. Andrew Combs, MD, PHD</td>
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<td>12:10 pm-12:50 pm</td>
<td>Delayed Cord Clamping for Preterm Infants</td>
<td>Kevin Ellsworth, MD</td>
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<td>Q&amp;A</td>
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<td>1:05 pm-1:15 pm</td>
<td>Dr. Huls’ Parting Remarks</td>
<td>C. Kevin Huls, MD, MSc</td>
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Full agenda available online: [www.obchallenges.com/agenda](http://www.obchallenges.com/agenda)
Accommodations

Renaissance Glendale Hotel & Spa
9495 West Coyotes Blvd., Glendale, AZ 85305

**BOOK BY PHONE**

1-800-931-1595

**BOOK ONLINE**

WWW.OBCHALLENGES.COM/ABOUT-US/ACCOMMODATIONS

Room Reservations
Group Rate is $199/night

Space is limited for the block of special group rate rooms, so please make your reservation as soon as possible.

*Reserve your room by April 25, 2019.*

If calling directly please identify yourself as an attendee of the OB Challenges conference to receive the discounted room rate. This rate will be honored three days before and three days after the conference, based on availability. We always recommend that you register early!
**Conference Rates**

**By April 15, 2019**
- Physicians: $750
- Nurse Practitioners/Certified Nurse Midwives: $500
- Nurses: $400
- Residents/Fellows: $200
- Medical Students: $100

**Price includes:**
- ✓ Conference ticket
- ✓ 3 days of breakfast
- ✓ 2 days of lunches
- ✓ Snacks
- ✓ Home Run Derby card

**After April 15, 2019**
- Physicians: $800
- Nurse Practitioners/Certified Nurse Midwives: $550
- Nurses: $450
- Residents/Fellows: $200
- Medical Students: $100

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**Unable to attend?**
You can still purchase conference materials! Go [online](#) for details.

If you cannot attend the 2019 Conference in person, you may purchase the conference materials at a cost of:
- **Physicians:** $400
- **NPs, CNMs, RNs and Allied Health Professionals:** $275
- **Residents and Fellows:** $100

Your payment can be made by credit card or check by calling **Gail Halfhill, 480-969-5999 Ext. 254.**

The materials will be sent to you approximately two weeks after the conference has closed.

No CME/CNE credit is offered.

Contact us: [obchallenges@mednax.com](mailto:obchallenges@mednax.com)